

USA FOOTBALL PROTECTION TOUR

Overview

The USA Football Protection Tour is a new health and safety program that we are launching in July. The Tour will visit four markets in its inaugural year – New York, Chicago, Indianapolis and San Francisco. At each stop, USA Football will conduct a free one-day event with local youth football leagues, hosted by the NFL team in that market. Each event will deliver expert-driven health and safety content on the topics of proper equipment fitting, tackling fundamentals, and concussion education.

Event Date/Location

Chicago Bears Practice Facility - Halas Hall 1000 Football Dr. Lake Forest, IL 60045

Saturday, July 21

Session 1: 10am-12pm (150 kids)
Session 2: 1pm-3 pm (150 kids)
Session 3: 4pm-6 pm (150 kids)

Protection Tour Content

<u>Equipment Fitting</u>. Players, parents, and coaches will all participate in an interactive session, led by a Riddell-provided expert, in which they will learn to properly fit the athlete's helmet. Players are encouraged to bring their own helmets to the event; however, Riddell will have helmets on-hand to fit each player as well. At the conclusion of the fitting, each parent will receive a card with their player's fitting measurements on them.

<u>Tackling Fundamentals</u>. USA Football staff and clinicians will teach youth football players and coaches proper tackling fundamentals according to USA Football's Tackle Progression Model. This step-by step approach for teaching one of football's most important fundamentals will be delivered on-field with players and coaches rotating through stations.

<u>Concussion Education</u>. Youth football parents will receive an educational seminar on concussion awareness, presented by a third-party medical expert provided by USA Football.

